



The Rowers' Code™

1. Always Do What's Best for the Team
Alignment-Commitment
2. Give Every Seat Equal Value
Acknowledgement
3. Carry Your Load
Responsibility-Accountability
4. Balance the Boat
Organizational and Self-Awareness
5. Stay in Sync
Situational Awareness
6. Lead by Example
Trust
7. Keep Everything in the Boat
Integrity-Ownership